

## Course information

Title	A Happy Lesson: Valuable Tips to Create a Joyful Classroom
Concept by	<a href="#">Maryam Farahmand</a>
Course URL	<a href="http://www.teacheracademy.eu/course/happy-lesson/">www.teacheracademy.eu/course/happy-lesson/</a>
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> <li>• <a href="#">Amsterdam</a> - First Monday of the month</li> <li>• <a href="#">Cefalù</a> - Second Monday of the month</li> <li>• <a href="#">Berlin</a> - Third Monday of the month</li> <li>• <a href="#">Barcelona</a> - Fourth Monday of the month</li> <li>• <a href="#">Helsinki</a> - Second Monday of the month</li> </ul>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	<p>Starting from 480€ *</p> <p>* Our courses are eligible to be completely funded by the <a href="#">Erasmus+ KA1 funds</a> and several other programs.</p>

## Course contents

<b>Description</b>	<p>The national curriculum of all countries set heavy subjects and standards with long hours of classes for 9 months! Although, there are many <b>active learning strategies</b> out there teachers still struggling to keep “all” students engaged and interested in their classes, and students are becoming distanced and bored more and more!</p> <p>This course demonstrates how a <b>happy and flexible environment</b> increases the willingness of being in the classroom, how team-building activities help teachers and students to connect, and how a set of routines builds a <b>sustainable positive culture</b> in classes and schools.</p> <p>During this course, participants get involved when they put their first steps in the class through 12 games to get to know each other to experience the importance of <b>short games and icebreakers</b>.</p> <p>There are three sessions and two breaks each day. Each session starts and finishes along with different types of short games, for example, the “3-3-3 rule” to bring back the focus of participants to the class or “orange-apple- banana” to make them move.</p> <p>Through practical activities, participants gain more knowledge about <b>characteristics of a happy mindset</b>, and establishing routines led to joyful days. Meanwhile teachers will practice the <b>4C’s of education</b> to know and review these vital skills for success in school and beyond.</p> <p>By the end of the course, teachers will have plenty of mix and match tools to modify their lesson plan to happy lesson plans.</p>
<b>Learning outcomes</b>	<ul style="list-style-type: none"><li>• Integrate and evaluate different types of games and team building activities in their lesson plan;</li><li>• Identify their role as happy teachers;</li><li>• Understand the risk of boredom;</li><li>• Learn more about how to build productive culture and routines;</li><li>• Use learning journal and reflection more effectively.</li></ul>

## Tentative schedule\*

<b>Day 1 – An introduction to a happy lesson</b>	<b>Day 2 - What are the 4Cs and how to stay motivated</b>
<ul style="list-style-type: none"><li>• Getting to know each other;</li><li>• School presentation;</li><li>• Diversity and learning style.</li></ul>	<ul style="list-style-type: none"><li>• 4C's of education;</li><li>• Students take charge of their own feedback;</li><li>• Motivation.</li></ul>
<b>Day 3 - What is happiness for you</b>	<b>Day 4 - How to sustain a happy culture</b>
<ul style="list-style-type: none"><li>• Happy teacher and students;</li><li>• Happiness exercises;</li><li>• Flow, trust and creating norm.</li></ul>	<ul style="list-style-type: none"><li>• The importance of routines;</li><li>• Routines for visible thinking and warm welcome;</li><li>• Games, ice breakers, the power of reflection.</li></ul>
<b>Day 5 - Looking after well-being and improve your decision making</b>	<b>Day 6 - Course closure and cultural activities</b>
<ul style="list-style-type: none"><li>• The healthy mind platter;</li><li>• Six Thinking Hats.</li></ul>	<ul style="list-style-type: none"><li>• Course evaluation: round up of acquired competences, feedback, and discussion;</li><li>• Awarding of the course Certificate of Attendance;</li><li>• Excursion and other external cultural activities.</li></ul>

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## Links and resources

Discover our:

- Self-paced online courses for teachers: [online.teacheracademy.eu](https://online.teacheracademy.eu)
- Online English Courses for Teachers: [online.teacheracademy.eu/tag/english-courses/](https://online.teacheracademy.eu/tag/english-courses/)
- The New 2021-2027 Erasmus+ Programme Made Easy: [online.teacheracademy.eu/course/erasmus-programme-2021-2027/](https://online.teacheracademy.eu/course/erasmus-programme-2021-2027/)
- CELTA Courses for teachers: [teacheracademy.eu/celta/](https://teacheracademy.eu/celta/)

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Academy of Creativity: [eacbarcelona.eu](https://eacbarcelona.eu)

Italian Language School: [europassitalian.com](https://europassitalian.com)

Teacher Academy Ireland: [teachertraining.ie](https://teachertraining.ie)

German Language Center: [europassberlin.com](https://europassberlin.com)

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