

Course code CSS.1.TGF

Last update 09/09/22

Course information

Title	The Group First! Practical Exercises for Collaboration and Team-Building
Concept by	Stefano Scotti
Course URL	www.teacheracademy.eu/course/collaboration-and-team-building/
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> • Amsterdam - Fourth Monday of the month • Athens - Second Monday of the month • Curaçao - Fourth Monday of the month • Florence - First Monday of the month • Prague - Third Monday of the month <p>On request, we can organize this course directly at your school. Discover all the dates at teacheracademy.eu/courses-dates/</p>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	<p>Starting from 480€ *</p> <p>* Our courses are eligible to be completely funded by the Erasmus+ KA1 funds and several other programs.</p>

Course contents

Description

Although educators should focus on helping each learner grow individually, teaching usually addresses the classroom before the single students. Thus, the capacity to **promote group cohesion** comes first, and is the initial objective that every teacher should immediately aim to realize in the classroom.

In this course, participants will practice and learn dynamical exercises to **build a feeling of belonging** towards their classroom community.

The practices will engage the participants, and after the course, their pupils, by actively involving the body, as well as the mind, and by exploiting the physical space of the classroom, rather than forcing students to sit in one place.

Hence, it is recommended for participants to show up in comfortable clothing, ready to move and use their body!

The exercises will focus on concentration, activation, and sharing feelings and thoughts. They will allow teachers to develop **empathy and active listening** among the students, and to promote integration, cooperation, respect for common rules in the classroom, as well as conflict prevention and resolution.

The practices will be proposed when teachers can make the most out of them, depending on the time of the year, i.e., winter-time indoor activities for the first week of the year, outdoor activities for the spring, and summer activities for the end of the school year. Did someone say school Olympics!?

Participants will be encouraged to identify the activities that they prefer, and to employ them when it is most suitable for their teaching (e.g., at the start or end of any lesson, during breaks or outdoor experiences, such as excursions and school trips, or during PE).

By the end of the course, participants will know how to use these activities in their classroom to make it a more **comfortable environment** for the personal and social growth of their pupils. They will acquire **new effective tools** to strengthen interpersonal relations within the classroom.

Learning outcomes

- Build a sense of cohesion within their classroom;
- Grow their pupils' confidence;
- Stimulate their pupils' self-expression and self-awareness;
- Teach the importance of respecting rules within a community;
- Resolve conflicts and encourage cooperation in their classroom;
- Manage and reduce inequalities;
- Promote social and intercultural interchange among pupils.

Tentative schedule*

Day 1 – Course introduction	Day 2 - Indoor activities
<ul style="list-style-type: none">• Introduction to the course, the school, and the external week activities;• Icebreaker activities;• Presentations of the participants' schools. <p>Activities for the first week of the year</p> <ul style="list-style-type: none">• Concentration activities;• Relaxing activities;• Sharing activities.	<ul style="list-style-type: none">• Concentration activities;• Relaxing activities;• Sharing activities.
Day 3 - Outdoor activities	Day 4 - Activities for the last week of the year: the Olympic games!
<ul style="list-style-type: none">• Concentration activities;• Relaxing activities;• Sharing activities.	<ul style="list-style-type: none">• Concentration activities;• Relaxing activities;• Sharing activities.
Day 5 - Team work!	Day 6 - Course closure and cultural activities
<ul style="list-style-type: none">• Warm-up games;• Present your activities to the other participants.	<ul style="list-style-type: none">• Course evaluation: round up of acquired competences, feedback, and discussion;• Awarding of the course Certificate of Attendance;• Excursion and other external cultural activities.

*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

Links and resources

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