

## Course information

Title	Surviving the First Years of Teaching
Concept by	<a href="#">Rasa Sadkauskiene</a> and <a href="#">Kristina Kancleryte-Backeviciene</a>
Course URL	<a href="https://teacheracademy.eu/course/new-teachers/">teacheracademy.eu/course/new-teachers/</a>
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> <li>• <a href="#">Barcelona</a> - Fourth Monday of the month</li> <li>• <a href="#">Ghent</a> - Third Monday of the month</li> <li>• <a href="#">Nice</a> - Second Monday of the month</li> <li>• <a href="#">Kaunas</a> - First Monday of the month</li> </ul> <p>On request, we can organize this course directly at your school. Discover all the dates at <a href="https://teacheracademy.eu/courses-dates/">teacheracademy.eu/courses-dates/</a></p>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	<p>Starting from 480€ *</p> <p>* Our courses are eligible to be completely funded by the <a href="#">Erasmus+ KA1 funds</a> and several other programs.</p>

## Course contents

### Description

New teachers often discover that **real teaching is different from the ideal picture** they made of it over the years. This is a common feeling possibly leading to disillusion. New teachers are usually **highly motivated** but can struggle confronted with the workload and the critical situations they face at school.

This course has been designed to provide new teachers with **useful tips** and **practical tools** about how to **navigate in nowadays' school**. Participants will review the most significant challenges for **beginning teachers**, and receive practical prompts to develop their personal solutions.

By being involved in hands-on activities and engaging in discussion, they will reflect on the **duties and rights of the profession**, and what are their limits. They will acquire effective tools to structure and deliver a lesson, as well as to observe their behavior in the classroom and progressively modify it.

Participants will also discuss what really motivates the students, and acquire new strategies to provide constructive feedback, manage conflicts, and engage students in their lessons. Finally, they will be presented with a range of collaborative learning activities and ways of assessment that will **enrich their personal portfolio of teaching methods**.

By the end of the course, the participants will gain **confidence in what to do in the classroom**. Moreover, they will have acquired important tools to guide their career and maintain long-term motivation.

### Learning outcomes

- Gain self-awareness and self-confidence as a teacher;
- Improve presentation and communication skills;
- Set SMART goals and prepare lesson plans;
- Find out a range of innovative teaching methods;
- Practice with different ways of assessment;
- Enhance collaborative skills;
- Provide constructive feedback;
- Adopt a growth mindset when communicating with the students;
- Increase student motivation.

## Tentative schedule\*

<b>Day 1 – Course Introduction</b>	<b>Day 2 - How to plan a lesson</b>
<ul style="list-style-type: none"><li>• Introduction to the course, the school, and the external week activities;</li><li>• Icebreaker activities;</li><li>• Presentations of the participants' schools;</li><li>• Participants needs' analysis;</li><li>• Defining teacher's profile;</li><li>• Teachers' work routine;</li><li>• Pursuing professional development.</li></ul>	<ul style="list-style-type: none"><li>• Defining learners' needs;</li><li>• SMART goals;</li><li>• Active listening;</li><li>• Volume and clarity;</li><li>• (Self)Assessment;</li><li>• Creating a lesson plan.</li></ul>
<b>Day 3 - Effective method to improve your teaching</b>	<b>Day 4 - Motivated students or motivating teachers?</b>
<ul style="list-style-type: none"><li>• Reflection on what you do in class;</li><li>• Reflection on why you do it in class;</li><li>• Diversity of teaching methods;</li><li>• Ways of conflict management;</li><li>• Improvement of practice.</li></ul>	<ul style="list-style-type: none"><li>• Self and team motivation;</li><li>• The Growth mindset;</li><li>• How to provide constructive feedback;</li><li>• Empathy and respect.</li></ul>
<b>Day 5 - Practical day</b>	<b>Day 6 - Course Closure &amp; excursion</b>
<ul style="list-style-type: none"><li>• Scaffolding new knowledge;</li><li>• Presentation of lesson plans and providing feedback.</li></ul>	<ul style="list-style-type: none"><li>• Course evaluation: round-up of acquired competences, feedback, and discussion;</li><li>• Awarding of the course Certificate of Attendance;</li><li>• Excursion and other external cultural activities.</li></ul>

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## Links and resources

Discover our:

- Self-paced online courses for teachers: [online.teacheracademy.eu](https://online.teacheracademy.eu)
- Online English Courses for Teachers: [online.teacheracademy.eu/tag/english-courses/](https://online.teacheracademy.eu/tag/english-courses/)
- The New 2021-2027 Erasmus+ Programme Made Easy: [online.teacheracademy.eu/course/erasmus-programme-2021-2027/](https://online.teacheracademy.eu/course/erasmus-programme-2021-2027/)
- CELTA Courses for teachers: [teacheracademy.eu/celta/](https://teacheracademy.eu/celta/)

Discover Europass Teacher Academy Network:



Academy of Creativity: [eacbarcelona.eu](https://eacbarcelona.eu)

Italian Language School: [europassitalian.com](https://europassitalian.com)

Teacher Academy Ireland: [teachertraining.ie](https://teachertraining.ie)

German Language Center: [europassberlin.com](https://europassberlin.com)

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