

Course code CLA.1.R00

Last update 26/01/22

## Course information

Title	Rediscovering the Roots of Democracy: From Ancient Greece to the European Union
Concept by	<a href="#">Cynthia Rodopoulou</a>
Course URL	<a href="https://teacheracademy.eu/course/the-roots-of-democracy/">teacheracademy.eu/course/the-roots-of-democracy/</a>
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> <li><a href="#">Athens</a> - Third Monday of the month</li> </ul> <p><u>On request, we can organize this course directly at your school.</u> <u>Discover all the dates at <a href="https://teacheracademy.eu/courses-dates/">teacheracademy.eu/courses-dates/</a></u></p>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	Starting from 480€ *  * Our courses are eligible to be completely funded by the Erasmus+ KA1 funds and several other programs.

## Course contents

### Description

In a rapidly globalizing world, where students are expected to be citizens of a multicultural society, **democracy is a vital prerequisite**. It is also considered one of the **fundamental values of the European Union** in consideration of its further capacity to promote sustainable development and equity for all.

In the late 6th century B.C., the **Greek city-state of Athens** began to lay the foundations for a new kind of political system. The Athenian leader Cleisthenes introduced a **system of political reforms** that was called demokratia, which means “rule by the people” (from demos, “the people,” and Kratos, or “power”). It is known as the first democracy in the world.

The ancient Greek idea of democracy was different from present-day democracy, and the **democratic political system** has been transformed a lot through the centuries.

By looking back to the first democracy of the world, this course aims to:

- Detect the differences between Greek democracy and modern democratic systems;
- Show how ancient Greek democracy contributed to modern societies, cities and way of life;
- Examine the values and the principles that are vivid in contemporary diverse societies;
- Conceptualize the framework of democratic culture proposed by the European Council and possible ways to promote it in our everyday school practices;
- Offer ways to support all students in becoming active members of inclusive and participatory societies.

During the course, participants will also be engaged in activities, games, group work, and exercises that can promote a more **democratic culture in the classroom**. By using these group activities, teachers will be able to improve the building process of relationships among students, teachers, and the whole educational community in order to create a welcoming and reinforcing classroom environment.

Included in the course: guided tours to archaeological sites.

### Learning outcomes

- Enhance their knowledge on the historical context that led to the birth of democracy;
- Comprehend the value and relevance of ancient democratic regimes for modern societies;
- Overview the evolution of democratic political systems through time;
- Familiarize themselves with the “Competences for democratic culture” (CDC) model of the European Council;
- Promote values, skills, attitudes and knowledge that comprise the EU democratic culture by using education as a vehicle;
- Design activities that engage students in learning about democratic values, attitudes and skills;
- Use group dynamics to coordinate groups in emotional and creative education.

## Tentative schedule\*

<b>Day 1 – A glimpse into Greek culture</b>	<b>Day 2 - A journey through time</b>
<ul style="list-style-type: none"><li>• Introduction to the course, the school, and the external week activities;</li><li>• Icebreaker activities;</li><li>• Presentations of the participants’ schools;</li><li>• Course overview;</li><li>• Introduction to ancient Greek culture.</li></ul>	<ul style="list-style-type: none"><li>• The first signs of social organization;</li><li>• The first systems of government in ancient Greece (monarchy, aristocracy, oligarchy, tyranny);</li><li>• Engaging activities and games for students;</li><li>• The birth of democracy.</li></ul>
<b>Day 3 - Athenian democracy</b>	<b>Day 4 - The CDC model</b>
<ul style="list-style-type: none"><li>• The growth of the democratic system and the Athenian democracy;</li><li>• The differences among modern democratic societies;</li><li>• Engaging activities, games and exercises for students by incorporating “place” into the lesson;</li><li>• Visit to Pnyx, the meeting place of the Athenian Ecclesia, the world’s earliest known democratic assembly.</li></ul>	<ul style="list-style-type: none"><li>• Connecting the past with contemporary culturally diverse classrooms;</li><li>• Understanding the “Competences for democratic culture” (CDC) model through experiential learning.</li></ul>
<b>Day 5 - From theory to practice</b>	<b>Day 6 - Course closure &amp; cultural activities</b>
<ul style="list-style-type: none"><li>• Promoting values, skills, attitudes and knowledge of a democratic culture;</li><li>• Activities, games and exercises that prepare students to effectively participate in a democratic society as active citizens.</li></ul>	<ul style="list-style-type: none"><li>• Course evaluation: round up of acquired competences, feedback, and discussion;</li><li>• Awarding of the course Certificate of Attendance;</li><li>• Excursion and other external cultural activities.</li></ul>

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer’s discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## Links and resources

Discover our:

- Self-paced online courses for teachers: [online.teacheracademy.eu](https://online.teacheracademy.eu)
- Online English Courses for Teachers: [online.teacheracademy.eu/tag/english-courses/](https://online.teacheracademy.eu/tag/english-courses/)
- The New 2021-2027 Erasmus+ Programme Made Easy: [online.teacheracademy.eu/course/erasmus-programme-2021-2027/](https://online.teacheracademy.eu/course/erasmus-programme-2021-2027/)
- CELTA Courses for teachers: [teacheracademy.eu/celta/](https://teacheracademy.eu/celta/)

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