

Course code CSS.1.PST

Last update 02/12/21

## Course information

Title	Public Speaking for Teachers: Building Charisma and Confidence
Concept by	<u>Petra Candida Mundy</u>
Course URL	<a href="https://teacheracademy.eu/course/public-speaking/">teacheracademy.eu/course/public-speaking/</a>
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> <li>• <u>Florence</u> - Third Monday of the month</li> <li>• <u>Prague</u> - Second Monday of the month</li> <li>• <u>Tenerife</u> - First Monday of the month</li> <li>• <u>Maribor</u> - Third Monday of the month</li> </ul> <p>On request, we can organize this course directly at your school. Discover all the dates at <a href="https://teacheracademy.eu/courses-dates/">teacheracademy.eu/courses-dates/</a></p>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	<p>Starting from 480€ *</p> <p>* Our courses are eligible to be completely funded by the <a href="#">Erasmus+ KA1 funds</a> and several other programs.</p>

## Course contents

### Description

*"If you have an important point to make, don't try to be subtle or clever. Use a pile driver. Hit the point once. Then come back and hit it again. Then hit it a third time-a tremendous whack."* (Winston Churchill)

**Communicative competence**, charisma, the ability to convey a message with ease and confidence is **a crucial skill for teachers** and for their learners.

We are preparing learners for jobs that don't exist yet, to use technologies that haven't been invented, in order to solve problems we don't even know are problems yet.

**Knowledge-based learning** is a thing of the past; we need to "future-proof" our learners by teaching them how to present themselves and deliver their message.

We invite you to learn how to make any subject or presentation captivating, so you can guide your students in their journey to find their voice (literally and metaphorically).

In this course, the starting point is our main work tool: **the human voice**. First, we explore our anatomy to understand "what does what", when it comes to producing language, and how to help our body's performance, thus ensuring vocal health and clear pronunciation.

Then we connect the dots, to understand **how our emotions affect our execution**, how fear of rejection or shyness manifests in our learners' body language. That way, we can provide them with tangible, effective means to redirect that energy to improve their communication skills instead of blocking them.

The next step in our journey will focus on **creativity**: we will explore brain-training strategies that have the power to help learners unlock inventiveness and adaptability. Learn how to convey convincing key points, how to organize them in an enthralling way, and how to design presentations using apps and webs available on the internet.

Our final goal? Help you make the classroom a **truly informative environment**, where listening and speaking play an integral role in the teaching and evaluation process. Acquire competencies that will help you become a **better teacher** and be valuable to your learners, whatever the future may bring.

### Learning outcomes

- Improve essential presentation skills: reading the audience and speaker control;
- Structure ideas properly, setting goals and objectives with a clear outcome;
- Manage key elements of storytelling drawn on emotions to make the speech unforgettable;
- Build assertiveness and self-confidence;
- Improve the trainer-trainee and teacher-learner relationship;
- Promote a positive attitude to learners/audience and encourage them to personalize their message when teaching.

## Tentative schedule\*

<b>Day 1 – Course introduction</b>	<b>Day 2 - First Dimension: Body</b>
<ul style="list-style-type: none"><li>• Introduction to the course (structure, goals, methodology), the school, and the external week activities;</li><li>• An introduction to the participants and their contexts;</li><li>• A “Four-Dimensional” experience: Body, Emotions, Mind, Action;</li><li>• Public Speaking in learning environments.</li></ul>	<ul style="list-style-type: none"><li>• Anatomy of human voice: projection, tone, rhythm;</li><li>• Posture: hands, eye contact, alignment;</li><li>• Nonverbal vs verbal communication: read your learners’ body language (so you can better help them communicate);</li><li>• Tips to read the audience appropriately (so you can adapt your speech to their needs);</li><li>• Presentation of participants’ schools.</li></ul>
<b>Day 3 - Second Dimension: Emotions</b>	<b>Day 4 - Third Dimension: Mind</b>
<ul style="list-style-type: none"><li>• Anatomy of human response to fear and stress;</li><li>• Mechanisms to cope with anxiety (1): breath work;</li><li>• Mechanisms to cope with anxiety (2): cognitive restructuring;</li><li>• Tips to enhance creativity.</li></ul>	<ul style="list-style-type: none"><li>• The structure of a speech;</li><li>• The role of the introduction: the movie maker;</li><li>• The role of the body: the fashion designer;</li><li>• The role of the conclusion: wrap the gift with a pretty bow;</li><li>• Visual Presentation tips.</li></ul>
<b>Day 5 - Fourth Dimension: Action</b>	<b>Day 6 - Course closure &amp; Excursion</b>
<ul style="list-style-type: none"><li>• Bring it all together – from theory into practice;</li><li>• Create your own pathway to excellence: long term goals, intermediate objectives and “the first step”.</li></ul>	<ul style="list-style-type: none"><li>• Course evaluation: round up of acquired competences, feedback, and discussion;</li><li>• Awarding of the course Certificate of Attendance;</li><li>• Excursion and other external cultural activities.</li></ul>

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer’s discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## Links and resources

Discover our:

- Self-paced online courses for teachers: [online.teacheracademy.eu](https://online.teacheracademy.eu)
- Online English Courses for Teachers: [online.teacheracademy.eu/tag/english-courses/](https://online.teacheracademy.eu/tag/english-courses/)
- The New 2021-2027 Erasmus+ Programme Made Easy: [online.teacheracademy.eu/course/erasmus-programme-2021-2027/](https://online.teacheracademy.eu/course/erasmus-programme-2021-2027/)
- CELTA Courses for teachers: [teacheracademy.eu/celta/](https://teacheracademy.eu/celta/)

Discover Europass Teacher Academy Network:



Academy of Creativity: [eacbarcelona.eu](https://eacbarcelona.eu)

Italian Language School: [europassitalian.com](https://europassitalian.com)

Teacher Academy Ireland: [teachertraining.ie](https://teachertraining.ie)

German Language Center: [europassberlin.com](https://europassberlin.com)

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