

Course code CLA.1.CON

Last update 23/09/2021

## Course information

Title	Conflict Management, Emotional Intelligence and Bullying Prevention
Concept by	<a href="#">Susan Gagliano</a>
Course URL	<a href="https://teacheracademy.eu/course/conflict-management-emotional-intelligence-and-bullying-prevention/">teacheracademy.eu/course/conflict-management-emotional-intelligence-and-bullying-prevention/</a>
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> <li>• <a href="#">Barcelona</a> - Third Monday of the month</li> <li>• <a href="#">Florence</a> - Second and fifth Monday of the month</li> <li>• <a href="#">Berlin</a> - First Monday of the month</li> <li>• <a href="#">Dublin</a> - Fourth Monday of the month</li> </ul> <p>On request, we can organize this course directly at your school. Discover all the dates at <a href="https://teacheracademy.eu/courses-dates/">teacheracademy.eu/courses-dates/</a></p>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	Starting from 480€ *  * Our courses are eligible to be completely funded by the Erasmus+ KA1 funds and several other programs.

## Course contents

<b>Description</b>	<p>This course has been created for teachers who want to <b>understand group dynamics</b> and how they affect the classroom. The tensions, alliances, and relational struggles among students can interfere with learning and create an unfavorable school environment.</p> <p>Participants will learn about the various types of conflict and how to use them as an opportunity for growth. Through hands-on, practical activities that can be immediately used in the classroom, participants will increase their own ability to model and <b>encourage active listening, empathy, and emotional literacy</b> among today's students – and tomorrow's active citizens.</p> <p>By the end of the course, participants will enjoy a greater awareness of their students' emotional needs and behavior and will have the skills to promote stronger classroom relationships and a <b>more positive climate in school</b> – for teachers and students.</p>
<b>Learning outcomes</b>	<ul style="list-style-type: none"><li>• Conflict – causes, manifestations and how to turn it into a teaching moment;</li><li>• Practical approaches for incorporating conflict management into curriculum;</li><li>• Effective, practical communication tools for better school relations and community building;</li><li>• Emotional and social intelligence skills – how to enhance and foster them in yourself and others;</li><li>• Relational aggression and bullying – school-wide approaches for awareness and prevention;</li><li>• Hands-on, practical activities to favor wellbeing, group cohesion, sense of belonging in the school community.</li></ul>

## Tentative schedule\*

<b>Day 1 – Course introduction &amp; introduction to conflict management</b>	<b>Day 2 – Importance of teamwork</b>
<ul style="list-style-type: none"><li>• Introduction to the course, the school, and the external week activities;</li><li>• Icebreaker activities;</li><li>• Presentations of the participants' schools.</li></ul> <b>Introduction to conflict management</b> <ul style="list-style-type: none"><li>• Lesson and discussion about group dynamics, positive and negative outcomes of conflict, aggressive behavior, bullying and various 'roles' played by group members;</li><li>• Hand-on activities to promote awareness.</li></ul>	<ul style="list-style-type: none"><li>• Lesson and experiences regarding classroom cohesion, importance of forming a 'team';</li><li>• Conflict as an opportunity for growth;</li><li>• Practical activities using course members as a model for understanding group dynamics.</li></ul>
<b>Day 3 – Diffusing conflict</b>	<b>Day 4 – Practical strategies for the classroom</b>
<ul style="list-style-type: none"><li>• Lesson and activities about empathy, active listening and reformulation as powerful tools in diffusing conflict and strengthening relationships;</li><li>• Practical activities and role play.</li></ul>	<ul style="list-style-type: none"><li>• Lesson about strategies such as peer mediation, circle time activities, class diary, etc. and how to use them effectively in the classroom;</li><li>• Practical and experiential activities.</li></ul>
<b>Day 5 – Overview</b>	<b>Day 6 – Excursion &amp; Course closure</b>
<ul style="list-style-type: none"><li>• Simulation of lessons by course members using tools and abilities for creating an emotionally caring environment;</li><li>• Group discussion.</li></ul>	<ul style="list-style-type: none"><li>• Course evaluation: round-up of acquired competencies, feedback, and discussion;</li><li>• Awarding of the course Certificate of Attendance;</li><li>• Excursion and other external cultural activities.</li></ul>

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## Links and resources

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- Self-paced online courses for teachers: [online.teacheracademy.eu](https://online.teacheracademy.eu)
- Online English Courses for Teachers: [online.teacheracademy.eu/tag/english-courses/](https://online.teacheracademy.eu/tag/english-courses/)
- The New 2021-2027 Erasmus+ Programme Made Easy: [online.teacheracademy.eu/course/erasmus-programme-2021-2027/](https://online.teacheracademy.eu/course/erasmus-programme-2021-2027/)
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 [teachertraining@europass.it](mailto:teachertraining@europass.it)

 +39 055 247 9995

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