

Course code

CSS.1.UNLE

Last update

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## Course information

Title	Unleash your Creativity!
Concept by	Our partners <a href="#">Bridge Language Study House</a>
Course URL	<a href="https://teacheracademy.eu/course/unleash-your-creativity/">teacheracademy.eu/course/unleash-your-creativity/</a>
N. of participants	Min. 4 - Max. 14
Course length	One week (6 days, Monday - Saturday)
Language	English. Other languages may be available upon request
Locations and starting dates	<ul style="list-style-type: none"> <li>Cluj-Napoca - Fourth Monday of the month</li> </ul> <p>On request, we can organize this course directly at your school. Discover all the dates at <a href="https://teacheracademy.eu/courses-dates/">teacheracademy.eu/courses-dates/</a></p>
Free time activities offered	All courses include at least one city guided tour and one full-day Cultural Activity.
Type of certification awarded	Certificate of Attendance, including a description of the course contents (80% of attendance required); other Certificates may be available upon request
Price	<p>Starting from 480€ *</p> <p>* Our courses are eligible to be completely funded by the Erasmus+ KA1 funds and several other programs.</p>

## Course contents

### Description

Creativity has recently been considered one of the greatest assets one can have in all fields of life. It is called the skill of the future. It is the number one ability company owners look for when employing new staff, but it can help in our work and/or life as well in numerous ways. As teachers, for example, you can offer much more to the students if your level of creativity is constantly tended to: in a creative mood your classes are fun and can unfold smoothly; it helps with ideas not only when preparing for your lessons but also when spontaneity is needed to solve a problem or fill a gap; but you can also help your employees work in a creative mood so that your business can flourish.

“Creativity is a skill that can be learned, developed and applied” (Edward de Bono), yet it can easily get blocked in certain circumstances: you might be tired, stressed or in a bad emotional state and you find yourself drained and trapped in your routine. And this is when you might hit a creativity block. There are techniques that can help unleash creativity even in these circumstances or to just help you maintain your mind open to new and innovative ideas and be able to accept and use them.

This course will make you be able to have an insight into what creativity is, how it works and it will provide you with techniques on how to overcome your struggles with creativity blocks. Furthermore, it will give you ideas on how to refresh your routine from time to time.

These techniques can be used to unleash creativity in all fields of your life, too. The goal of the course is to provide participants with techniques and methods that help unblock the creativity flow and with ideas on how to make their fields of work more interesting and varied.

### Learning outcomes

- Know about some basic knowledge of what creativity is;
- Learn about what conditions / bad habits can block creativity;
- Beat the creativity block;
- Learn about their own creative genius;
- Maintain a good level of creativity in their lessons/ life/ work.

## Tentative schedule\*

<b>Day 1 – Course introduction &amp; unleashing your creativity</b>	<b>Day 2 - Creativity through games and exercises</b>
<ul style="list-style-type: none"><li>• Introduction to the course, the school, and the external week activities;</li><li>• Icebreaker activities;</li><li>• Introduction: What is creativity? How does it work? How can creativity get blocked?</li></ul> <b>Unleashing your creativity</b> <ul style="list-style-type: none"><li>• What not to do to unleash creativity? (Guided discussion; video watching and follow up activities);</li><li>• Presentations of the participants' schools.</li></ul>	<ul style="list-style-type: none"><li>• Techniques on how to unleash creativity (Games and exercises).</li></ul>
<b>Day 3 - Get actively creative</b>	<b>Day 4 - Importance of variety</b>
<ul style="list-style-type: none"><li>• Techniques on how to unleash creativity (Games and exercises).</li></ul>	<ul style="list-style-type: none"><li>• Ideas to boost creativity and variety in your lessons / work;</li><li>• Projects.</li></ul>
<b>Day 5 - Project presentations</b>	<b>Day 6 - Course closure &amp; cultural activities</b>
<ul style="list-style-type: none"><li>• Presentation of projects.</li></ul>	<ul style="list-style-type: none"><li>• Course evaluation: round up of acquired competences, feedback, and discussion;</li><li>• Awarding of the course Certificate of Attendance;</li><li>• All-day excursion.</li></ul>

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## Links and resources

Discover our:

- Self-paced online courses for teachers: [online.teacheracademy.eu](https://online.teacheracademy.eu)
- Online English Courses for Teachers: [online.teacheracademy.eu/tag/english-courses/](https://online.teacheracademy.eu/tag/english-courses/)
- The New 2021-2027 Erasmus+ Programme Made Easy: [online.teacheracademy.eu/course/erasmus-programme-2021-2027/](https://online.teacheracademy.eu/course/erasmus-programme-2021-2027/)
- CELTA Courses for teachers: [teacheracademy.eu/celta/](https://teacheracademy.eu/celta/)

Discover Europass Teacher Academy Network:



Academy of Creativity: [eacbarcelona.eu](https://eacbarcelona.eu)

Italian Language School: [europassitalian.com](https://europassitalian.com)

Teacher Academy Ireland: [teachertraining.ie](https://teachertraining.ie)

German Language Center: [europassberlin.com](https://europassberlin.com)

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