








Drama Techniques: Developing Self-Expression, Communication, and Social Skills for All Students

By Cynthia Rodopoulou

Course details

-  One week course
-  Starting from 480€ (Cultural activities included)*
-  Min. 4 - max. 14 participants
-  Certificate of attendance included (80% of attendance required)
-  Available in Athens, Dublin, Istanbul, Trapani, and Vienna

* A 60 € late registration fee will be applied if you register less than 8 weeks before the course start date.

Course description

In a world where life is getting more and more complicated, conventional education is losing ground. This course proposes a **novel approach to education** – i.e., one that can bring learning to life, and is more practical, holistic, creative, expressive, and enjoyable for both teachers and students.

Since education is, essentially, a performance art, this course will propose to use **drama as a learning tool** to develop the social and communication skills of your students.

Participants will acquire novel competencies in coordinating and activating groups in terms of **emotional management** in an entertaining and creative way and, also, applying expressive tools in various educational contexts. They will be active protagonists since the educational experience will be centered on their own abilities.

Objectives will be carried out through theater exercises, improvisations, simulations, storytelling, somatic (body) techniques, games, and group work.

By the end of the course, participants will know new ways to boost participation, motivation, confidence, self-expression, and cooperative spirit in the classroom, as well as to **manage conflict**, and reinforce the teacher-student relationship. They will have also learned to take the role of facilitators rather than teachers, so they can turn their students into protagonists of their own learning.



The course will also help teachers address the needs of students who have difficulties with their social and communicative skills (e.g., students with Autistic Spectrum Disorder, ADHD, emotional and behavioral difficulties).

Learning outcomes

The course will help the participants to:

- Use drama techniques as a special means of communication and collaboration especially for students with special needs;
- Develop creativity and motivate pupils;
- Understand the different aspects of body language;
- Respond to students' challenging behaviors effectively;
- Promote inclusion among members of the school community (teachers, students, etc.);
- Apply a holistic approach to promote wellbeing, mental, and emotional growth, as well as empathy for teachers and all students.

Tentative schedule

Day 1 – Course introduction

- Introduction to the course, the school, and the external week activities;
- Icebreaker activities;
- Presentations of the participants' schools;
- Exercises for Observation;
- Body techniques.

Day 2 – Team building

- “Cooperation” Day;
- Team spirit exercises.

Day 3 – Methods for focusing

- Techniques for Concentration;
- “Memory” exercises;
- Understanding Rhythm.





Day 4 – Reflexes

- Playing with our Reflexes;
- Reflexes & Rhythm.

Day 5 – Get creative

- “Creativity” Day;
- Expanding our Imagination;
- Presentations of participants.

Day 6 – Course closure and cultural activities

- Course evaluation: round-up of acquired competencies, feedback, and discussion.
- Awarding of the course Certificate of Attendance.
- Excursion and other external cultural activities.

*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer’s discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

Our courses usually include two cultural activities. Further information is available on the webpage of each course location.

About the provider

With more than 250 courses available all over Europe and more than 12.000 participants per year, Europass is the largest network of high-quality providers of teacher training courses.

In every Europass Academy, trainers of diverse experiences and backgrounds are ready to foster human and professional connections among educators, all while delivering high-quality, innovative courses.

Furthermore, thanks to the hands-on, collaborative nature of the Europass courses, plenty of opportunities to start new projects and lifelong friendships are given.

Explore other Europass courses, visit www.teacheracademy.eu