



# Soft Skills for Strong Teachers

By Cristina Salvatori

## **Course details**

- () One week course
- € Starting from 480€ (Cultural activities included)\*
- Min. 4 max. 14 participants
- Certificate of attendance included (80% of attendance required)
- Available in Amsterdam, Dublin, Florence, Prague and Valencia

\* A 60 € late registration fee will be applied if you register less than 8 weeks before the course start date.

## **Course description**

Hard skills, also known as academic knowledge and know-how, are often the direct focus of education and the skills considered necessary to get your foot in the door of many fields of employment.

Soft skills, however, are the interpersonal and intrapersonal abilities that not only help you keep that job and advance in your career – they help you live better in every aspect of your life.

During this course, educators will deepen their understanding of Soft Skills and reflect on their own abilities in their macro-areas such as Leadership, Relational Skills, Self-Awareness, Creativity, Problem-Solving, and Communication.

Through hands-on activities that combine these skills, participants will learn to transform the prevailing theories of communication, as well as emotional and social intelligence, into practical experiences in their classroom.

While Soft Skills are sometimes conveyed in the curriculum through special projects and afterschool activities, this course proposes ways to incorporate them into every facet of the school day.





Course code CSS.1.SKI - http://www.teacheracademy.eu/course/soft-skills-for-strong-teachers - Last update 11/05/2023





### Learning outcomes

The course will help the participants to:

- Improve and facilitate communication and active listening;
- Reflect upon motivation and how to foster it;
- Gain insight into the principles of leadership and collaboration;
- Boost creativity and problem-solving skills;
- Focus on emotional awareness to improve public speaking, organization, time management;
- Practice relaxation methods and tips for creating a better work-life balance.

### Tentative schedule

#### Day 1 – Course introduction & soft skills for teachers

- Introduction to the course, the school, and the external week activities;
- Icebreaker activities;
- Importance and benefits of soft skills for teachers;
- Communication & presentation skills;
- Presentations of the participants' schools.

#### Day 2 – Presentation time

- Presentation skills;
- Presentations of the participants' schools based on the learned principles.

#### Day 3 – Importance of self-assurance

• Leadership and self-confidence.

#### Day 4 – Team work

• Team working & problem solving.

#### Day 5 – How to manage stress

• Stress management skills and techniques.

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#### Day 6 – Course closure and cultural activities

- Course evaluation: round-up of acquired competencies, feedback, and discussion;
- Awarding of the course Certificate of Attendance;
- Excursion and other external cultural activities.

\*The schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session. Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

Our courses usually include two cultural activities. Further information is available on the webpage of each course location.

## About the provider

With more than 300 courses available all over Europe and more than 20.000 participants per year, Europass is the largest network of high-quality providers of teacher training courses.

In every Europass Academy, trainers of diverse experiences and backgrounds are ready to foster human and professional connections among educators, all while delivering high-quality, innovative courses.

Furthermore, thanks to the hands-on, collaborative nature of the Europass courses, plenty of opportunities to start new projects and lifelong friendships are given.

Explore other Europass courses, visit www.teacheracademy.eu

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